

## How to reuse old skincare

By Pola Janowska

"According to Zero Waste Week, more than 120 billion units of packaging are produced globally every year by the cosmetics industry, contributing to the loss of 18 million acres of forest annually." - forbes.com



Source: humanistbeauty.com

Skincare has become very popular in the past several months, and awareness has been raised regarding the different products/ingredients that are not suitable for your skin. Many people became more aware of the products they were using and decided to change their routine completely.

It's probably not a surprise for you that there has been a lot of waste created due to that. I want to discuss the several things you can do with products that don't work for you anymore to make your life more sustainable.

The first thing is a cleanser, and there are a few things you can do to avoid wasting it. If it's not expired, then you can use it as a body wash until it runs out. Your body skin is less sensitive than the skin on your face, so it's not a big deal if it contains fragrance or any other potentially sensitizing ingredients.

When you end up with an empty bottle, you can recycle it, but I wouldn't recommend only a 9% chance to get recycled.



Source: fashionista.com

You can reuse the bottle as dish soap or soap dispenser, or (if it's a small bottle) you can save it and use it when travelling.

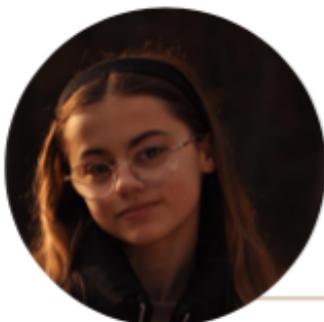
The next thing is a mist. If you haven't run out of the product yet, you can use it as

a room spray! When you end up with an empty bottle, you can use it to water your plants.

The next thing is cream/lotion, so I think you can use them on your body or on your feet (your feet have very thick skin, so it should be safe to use up your products in this way.

You can then use the packaging to store your soap bars when you are travelling or anything.

It's always good to exchange skincare with your friends and family because they might find the product helpful. Let me know if you have any other ways in which you reuse your cosmetics.



### **Pola Janowksa**

I am 15 years old, leader of GAM Junior as well as a Climate Activist. I take part in many environmental projects. My goal is to educate youth about global problems.

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